

The benefits of being a member of the Division of Work & Organisational Psychology (DWOP)
– *some personal reflections from a self-employed Work & Organisational psychologist*

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I joined DWOP four years ago because it seemed a natural progression for a postgraduate, nonetheless, at that point I was unaware of the resources available to its members and the benefits thereof.

Since joining I have found that some of the benefits that I have experienced are:

- The provision of professional support and the enhancement of psychological knowledge and skills (e.g. through attending seminars and through access to academic publications)
- The access to supervision
- The provision of opportunities for speaking at seminars, workshops and conferences
- The opportunity to contribute to DWOP's newsletter
- The development towards business competencies (e.g. updating skills and knowledge on existing and new areas of business)
- The enhancement of professional standing (as an individual practitioner, for my clients and for the profession of Work & Organisational psychology)
- The provision of opportunities for engaging in Continuing Professional Development (CPD) and the benefits derived from CPD activities [see CPD links for these benefits]

I have also experienced the benefits of being part of a group whose working lives have much in common. Within DWOP there are broad commonalities (e.g. working toward a shared vision for DWOP) and alignments of ideologies and purpose (e.g. CPD activities such as skills acquisition; making links; and best practice).

DWOP continues to forge links with international bodies (e.g. professional associations; conference committee membership). All of these (and more) are helping to make DWOP a division that is working to meet the needs of industry and society as well as introducing new CPD activities and enhancing the member experience.

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