

Division of Counselling Psychology

The Psychological Society of Ireland

Invite you to the upcoming CPD Forum event

On Thursday, 25th of March, 2010 from 7-9pm

In Room 1.11, Department of Psychology, TCD

The format for the evening will include 2 research paper presentations of 20/25 minutes (approx.) each with 35 minutes available for questions/debate/comment from the participants. There will be a very brief tea/coffee break between the two presentations.

[Anya Hughes will present Paper 1, entitled:](#)

“Clinical Intake Interview Guidelines”

- ◆ As clinicians, we have a choice of using a range of formal structured clinical interviews in a first session with a new client. However, many opt for a more generic (unstructured) intake interview. This paper aims to provide a guidance template for the unstructured and otherwise unregulated practice of intake interviews.
- ◆ The template is specifically aimed at the assessment of adults presenting with generic mental health problems but may be augmented or modified to profile specific presentations.

Anya is a 2008 graduate from the National University of Ireland, Maynooth, who took up post as a research assistant with HSE West, shortly thereafter. In an effort to tackle pressing clinical issues, the widespread practice of unstructured intake interviews was raised. The current title ensued and has been co-authored by Anya. The authors hoped that such an article would provide much needed guidance to practicing psychologists. Anya is currently studying at Master’s level in Trinity College.

[Aisling Ni Shoithchain will present Paper 2, entitled:](#)

“Waiting List Management and Initiatives”

- ◆ As the demand for psychological interventions increases, many, if not most, clinicians are operating under the pressure of managing waiting lists, which can be quite lengthy. This paper explores the importance of designing and implementing waiting lists according to ethical principles
- ◆ The advantages and potential limitations of several initiatives for reducing waiting lists will be discussed during the presentation.

Aisling graduated from University College Cork in 2006 with a degree in Applied Psychology. She began working as a Research Assistant with the HSE West in September 2007, working with Michael Byrne, Principal Psychologist in Roscommon. During early brainstorming sessions, waiting list management emerged as one of the most pertinent issues for the service, and indeed, in our Health system at the moment.

Aisling is continuing her studies and is currently in the second year of an M. Sc. in Cognitive Behaviour Therapy in UCD.

Cost: Members of the Division of Counselling Psychology (DCoP)*	€5.00
Non-members of DCoP	€10.00
Student members of DCoP*	FREE

* Current valid membership cards should be presented

You are requested to register your interest in attending by emailing:

psidcop@gmail.com

by Wednesday February 24th, 2010 to facilitate the coordination and organisation of the event. Places will be reserved for registered participants.

This event has been approved by PSI for **2 CPD credits** for members: it is essential for **all** members to sign for these credits on the night.